MEIA PENSÃO HALF BOARD





HALF BOARD SPECIAL MENU



STARTER

MAIN COURSE

MONDAY

Cream of Peas soup or Chicken Salad Breadcrumbed Hake fillets with chips and vegetables or

Spare Ribs agridoce gratinated potatoes and salad

Tomato Risotto with Basil

TUESDAY

Broccoli Soup or Aspargus with Bacon Red fish in the oven with boiled Potato and vegetables

or

Chicken Breast in mushroom sauce, boiled potatoes and vegetables

or

Spaghetti with spinach, cream and walnuts

WEDNESDAY

Tomato Soup or Feta Salad Fish Stew

or

Veal steak cooked with rice

or

Omlete of mushrooms with chips and salad

THURSDAY

Vegetable Soup or Crostine off Mushrooms Grilled Sea Bass with boiled potatoes and vegetables

or

Breadcrumbed Chicken with chips and salad

or

Vegetable Quiche served with salad

FRIDAY

Leek Soup or Tuna Salad Codfish with cream gratinated in the oven

or

Pork loin in the oven with Porto wine sauce and mashed potatoes.

or,

Vegetable Curry servde wth rice

SATURDAY

Zucchini Soup ou Tomate salad with Mozzarella Tilápia with a prawn sauce served with boiled potatoes and vegetables

or

Chicken Curry served with rice

or

Vegetable Lasagna served with salad

SUNDAY

Cauliflower or Melon with raw ham Tuna with onions served with chips and salad or

Leg of Duck "Orange" served with mashed potatoes and vegetables

or

Tagliatelle with Tomato